

MONZA

EXPERIENCE THE ADRENALINE

Beyond the Autodromo,
all the great sports
facilities in Monza



SPORT IN MONZA

Sport in Monza is a widespread activity involving citizens of all ages, a strong and deep-rooted vocation involving a wide range of disciplines.

Its origins date back to the end of the 19th century and, more specifically, to the beginning of the Umbertine era (1878), when a group of enthusiasts gave life to the first Monza gymnastics society: **Edmondo De Amicis** wrote 'Amore e Ginnastica' (Love and Gymnastics), extolling the ancient maxim 'mens sana in corpore sano' (a sound mind in a sound body).

From cycling to mountaineering, to football and tennis, to basketball and rugby: a fundamental milestone and one that should be emphasised is of course the construction of the Autodromo Nazionale Monza in 1922, which projected the name of Monza onto the world stage.

There are numerous teams in the various disciplines, at amateur or professional level, as well as the city's **sports facilities**, which cater to every need.



GREAT SPORTS FACILITIES IN THE PARK OF MONZA

In the Park of Monza, there are structures created specifically to favour sporting enjoyment within its spaces.

The most important scenario is certainly represented by the **Autodromo Nazionale Monza**, where internationally renowned motor sports events such as the Formula 1 Grand Prix, Coppa Intereuropa Storica and Monza Rally Show take place.



GOLF CLUB MILANO



Golf Club Milano was founded in 1928 thanks to Senator Giuseppe Bevione. Design of the course was entrusted to golf architect James Peter Gannon and construction management to Cecil Blandford who also became secretary of the Club.

In 1958 the present Club House, one of the finest in Europe, and the third course were built, bringing the course to 27 holes. In 1987 the Club was awarded the CONI "Gold Star".

Nestled in the green of the Park is the Milan Golf Club, a reference point for sports lovers of the green. With an extension of **more than 100 hectares and 27 playing holes**, the Golf Club hosts international and national golf events.

The Club House also hosts conventions and meetings for entrepreneurs, as well as parties and celebrations. Restaurant, solarium and other facilities have been added to enhance guests' stay.



AUTODROMO



Built in 1922, in just 110 days, the Autodromo was designed by the Automobile Club Italia to host sports competitions and various experiments in the field of engines.

Since then, the favour it has enjoyed among sportsmen and enthusiasts is testified by the hundreds of thousands of spectators who crowd the grandstands at events such as the Formula 1 **Italian Grand Prix** and the **Coppa Intereuropa Storica**.

Organised guided tours allow guests to get to know the Autodromo in all its aspects.

These include the exclusive exploration of places reserved for insiders, such as building hospitality, paddock, pits, press room, race direction and the striking podium above the pit lane, as well as the chance to take a lap of the Formula 1 track to experience firsthand the famous 5,793 meters full of stories of straights and curves. Customized activities for summer centers and schools are also planned, focusing on road safety education and motorsport knowledge.





The worldwide image of sports excellence, experimentation, ease of communication and the facilities themselves have made it possible to bring together national and international facilities within the Autodromo itself, in collaboration with organisations, universities and companies that make development, social and sustainable their priority mission.

Innovative projects aimed at improving the environmental and technical impact of the automotive sector are studied and implemented here.

In fact, the Autodromo has always been the site of technological experimentation: from disc brakes (1953) to the guard-rail (1955), passing through the draining/autopulent asphalt (1999), to the Radio Frequency transponder (1989) for vehicle identification and time control.

The location of the Autodromo, within the Monza Park, creates a scenario that is unique in the world, engaging also from a naturalistic point of view.

SPORT IN THE PARK

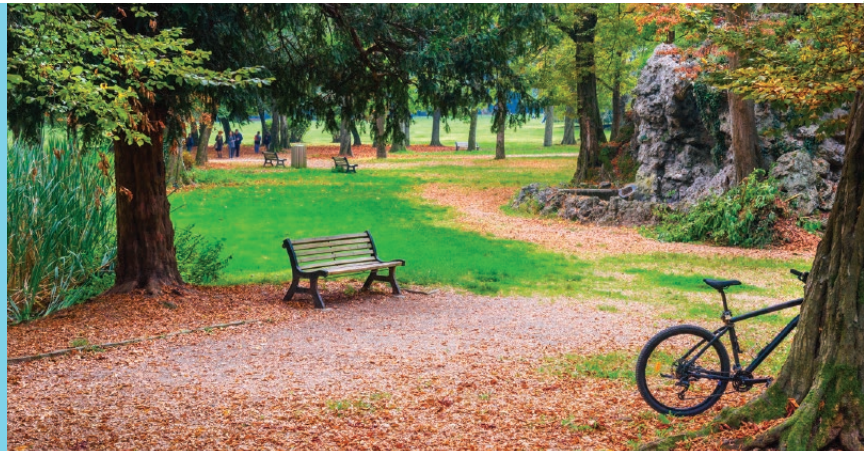


Sports activities in the Park involve thousands of people who choose to frequent the green spaces, avenues and paths for their activities in all seasons of the year.

Soccer, cycling, running, cricket, horseback riding, nordic walking, orienteering and many others are the sports activities that are practiced every day by the people of Monza and beyond.

In fact, the 700-hectare park attracts thousands of sportsmen and nature lovers.





BIKE RENTAL CASCINA BASTIA

Tree-lined avenues, villas and farmsteads, mills: discover the wonders of Park of Monza ... in the saddle! A **bicycle rental** service is available at **Cascina Bastia**, but that's not all: you can also borrow scooters, tandems and wheelchairs.

The fine weather is back, the days are getting longer and warmer, and a ride on two wheels is an opportunity to spend a pleasant afternoon in the open air and in the midst of greenery, encountering nature, but also history, culture, architecture, myths and legends.



ROUTES

- Il Parco e le sue Ville
- Lungo il fiume Lambro



PARK OF MONZA

1. Villa Reale of Monza
2. Giardini Reali
3. Cascina Bastia
4. Santa Maria Equestrian Centre
5. Golf Club
6. Autodromo Nazionale Monza

NORDIC WALKING



There are five routes in the Park to practise a sport for everyone and all year round, which offers an easy, inexpensive and fun way to enjoy a healthy and active lifestyle.

Certified instructors from the **Italian Nordic Walking School**, a guarantee of professionalism and competence, promote lessons, courses and activities in the Park.

THE RUNNING ROUTES

The routes are highlighted by signs located at the 6 park entrances and marked with arrows on the asphalt, plates with identification plates and truncated wooden pyramids; they are yellow for the **3km** route, blue for the **5km** route, red for the **10km** route and green for the **Royal Half Marathon** route. Yes, because it measures 21.097km, exactly a 'half'; the only permanent official half marathon route in Italy, all within the park. All four routes have been measured and certified by the FIDAL.

The routes all start from **Viale dei Tigli**, to the left of the entrance to Porta Monza, the main gate to Viale Brianza.



HORSE RIDING

A riding centre has been operating near **Villa Mirabello** since 1979: a structure located in an area of about eleven thousand square metres and perfectly grafted into the historical context that surrounds it.

The centre's main activities are **horse riding** in the park, the riding school and the pony school.

SANTA MARIA EQUESTRIAN CENTRE



A special **riding school** and horse riding in the enchantment of Europe's largest enclosed park for young and old!

Viale Casalta 2 (*entrance Vedano al Lambro*)





ORIENTEERING

The Municipality of Monza, in collaboration with the Comitato Regionale Lombardo of the **FISO - Federazione Italiana Sport Orientamento** (Italian Orienteering Federation) - has created a permanent route in the park for the practice of the woodland sport, also known as **orienteering**.

The discipline consists of running a predefined route characterised by numbered checkpoints (plates with the international white/orange symbolism) and with the exclusive help of a compass and a detailed topographical map. After picking up the map, each participant must complete the route between the abovementioned control points in the shortest possible time.

The Park of Monza, therefore, becomes a 'natural' gym with sporting and didactic value addressed to children and schoolchildren, as well as a valid proposal for free time for all those who want to try their hand at an alternative outdoor sporting discipline.

CRICKET

Matches of this team game take place on Sundays **from May to September** on the lawn of the former hippodrome area.

SPORTS FACILITIES IN TOWN

A rich heritage of municipal facilities at the disposal of sportsmen and sportswomen, including sports halls, football pitches, multi-sports centres and much more.

Considered icons of Monza sport, the **U-Power Stadium** and the **Sports Arena** are structures of different ages and functions. Both buildings are located a stone's throw from each other, making the entire area a landmark for sport in Monza.





U-POWER STADIUM

The **U-Power Stadium**, ex **Stadio Brianteo**, built in the 1980s, always hosts the city team's football matches, as well as other sporting and musical events during the year. In 1979, the Calcio Monza club presented the stadium project, the foundation stone was laid in 1982 and the work inaugurated in 1988. It has a capacity of about **17,000** seats.

SPORTS ARENA

The **Sports Arena** is a facility belonging to the municipality of Monza. Since 2012, it has been managed by a major volleyball consortium, which, after carrying out upgrading work, now uses it for training and competitions.

On the days when the structure does not host competitive activities, the arena can be rented to anyone looking for a location where great organisational efficiency is combined with a richly evocative environment.

Used for various **types of events, both sporting and non-sporting**, the hall has a covered area of 5160 square metres, 1750 square metres of playing fields and about **4000** seats.

“G. SADA” MONZA STADIUM

The old '**Gino Alfonso Sada**' stadium currently hosts the matches of the **city's women's football team**. Until the 1987-88 season, it was also the home of men's Monza. The stadium was named in 1965 after Gino Alfonso Sada, the president who, between the 1950s and 1960s, led the Brianza-based team to come close to promotion to the top division several times.

SWIMMING CENTRE “PIA GRANDE”

The '**Pia Grande**' **Swimming Centre** is a facility of the Municipality of Monza, inaugurated in 2005 and named after Pia Grande, former municipal councilor for sporting activities. Today, the Centre hosts important **water polo** teams competing in regional and national championships and is equipped with 2 pools of 33 m and 25 m and a teaching pool.

PIOLTELLI SPORTS CENTRE

The **Pioltelli Sports Centre** is a facility belonging to the municipality of Monza, where an approved **athletics track** and a **rugby field** coexist. In the latter, the teams of the city's Rugby Monza sports club, founded in 1949, train and play their championship matches: in addition to a large youth team, the women's team, which plays in Serie A, boasts the victory of the Scudetto in the 2013-2014 championship. Since 2023, work has been underway to redevelop the centre.

Published by the City of Monza

Tourist Infopoint City of Monza

www.turismo.monza.it

**Monza Trento e Trieste Infopoint
Trento and Trieste Square**

Tel: +39 039 67 914 88

Email: infopoint@comune.monza.it

Park Infopoint (summer)

Monza Gate Entrance

Tel: +39 039 67 914 88

Email: infopoint@comune.monza.it

**Territorial Marketing Office
Trento and Trieste Square**

Tel: +39 039 23 723 52

Email: marketingterritoriale@comune.monza.it

Editorial project

Agenzia Yes! Varedo

Texts

Municipality of Monza

Pro Monza Association

Reproduction prohibited. All rights reserved.

MONZA



**COMUNE DI
MONZA**